Personality Assessment
Circle the letter that best fits you

1. (H) Are you a physically active person with a “can do” attitude OR (K) a mentally active “idea” person
2. (J) Are you sociable, friendly OR (H) able and forceful
3. (J) Adventurous, broad minded OR (I) cautious, security minded
4. (H) practical, down to earth OR (J) persuasive, influential
5. (J) outspoken, motivating OR (K) thoughtful, conscientious
6. (K) inventive, artistic OR (I) systematic, orderly
7. (H) busy, hard-working OR (K) insightful, philosophical
8. (I) procedure minded, methodical OR (H) hard-driving, aggressive
9. (I) precise, painstaking OR (K) creative, imaginative
10. (K) inner-directed, individualistic OR (J) outer-directed, group minded
11. (H) frank, straight forward OR (I) careful, particular
12. (J) informal, congenial OR (I) formal, sensible
13. (H) realistic, well-grounded OR (K) gentle, considerate
14. (J) companionable, good talker OR (H) purposeful, action minded
15. (J) enthusiastic, warmhearted OR (I) settled, deep-rooted
16. (H) forthright, plainspoken OR (J) agreeable, easygoing
17. (J) likeable, generally pleasing OR (K) self-reliant, stand on own leg
18. (K) kindhearted, humane OR (I) disciplined, well-balanced

19. (I) watchful, restrained OR (H) energetic, go-getter

20. (I) steadfast, never say die OR (K) alert, on one's toes

21. (K) sensitive, aware of feeling OR (J) committed, deeply involved

22. (H) industrious, task oriented OR (I) judicious, levelheaded

23 (J) good mixer, social minded OR (I) right and proper, correct

24. (H) decisive, take charge OR (K) unhurried, contemplative

Add up the total amount of H____, I____, J____ and K____ on your test.